

Ready Cub!



SPIRIT OF ADVENTURE



Ready Cub! Vision

To develop youth, their families, and by extension, our communities in preparedness for health and safety in the event of personal emergencies or community disasters through evidence-based scouting activities, FEMA resources, and in collaboration with local preparedness partners.

Background to Ready Cub! . . .

After all of us experiencing firsthand the effects of a pandemic together with climate change, inflation, domestic political discord and geopolitical tensions, it feels more relevant than in generations to come together as a community to increase our preparedness for health and safety in the event of personal emergencies or community disasters.

The Purpose of Ready Cub! . . .

The goal of Ready Cub! is to enrich the existing Cub Scout adventures with resources from external partners like the Federal Emergency Management Agency & the Massachusetts Emergency Management Agency (FEMA/EMMA) and first responders. At the same time Ready Cub! also seeks to strengthen community ties; between individuals, families and community partners such as first responders, schools etc.

FEMA/MEMA & Cub Scouting. . .

The Spirit of Adventure Council is actively working with FEMA/MEMA to bring together youth interested in supporting disaster preparedness and making a difference in their communities by completing disaster preparedness projects. This Ready Cub! material uses FEMA educational tools such as [STEP \(Student Tools for Emergency Planning\)](#) and more to boost/enrich some of the Cub Scouts' requirements related to emergency readiness.

How to get Started on Ready Cub! . . .

Getting started on Ready Cub! is easy. There are three "levels" to the program: What you can do in the Den, Pack and for the Community. There is something there for everyone, the youths, their families, den leaders, cubmaster etc. In this Ready Cub! material you can quickly navigate the requirements for your den/pack and see how the Ready Cub! activities can fill in a portion of your annual pack program while attracting new youth and engaging community partners.

To Earn the Ready Cub! Patch review and complete the following:

1. The selected Requirements from the Cub Scout handbooks by Rank and complete these together with the Ready Cub! Booster for each Rank.
2. Pack level requirements are specified in the section about "Earning The Patch / Pack Recognition"
3. How to build community partnerships in your town (adult recognition opportunity)

After individuals, dens, pack, and or adults complete the requirements, [request your Ready Cub! Patch here](#). The patch represents your commitment to the Ready Cub! Vision!



Ready Cub! 5 yrs

Earn your Lion Adventure: Mountain Lion (Required)

Complete
Requirements 1-4.

- 1 Identify the Cub Scout Six Essentials. Show what you do with each item.
- 2 Take a walk outside spending for at least 20 minutes exploring the outdoors with your Cub Scout Six Essentials. While outside, identify things that you see with your Lion adult partner that are natural and things that are manmade.
- 3 Discover what S.A.W. means.
- 4 Identify common animals that are found where you live. Separate those animals into domesticated and wild.

**Ready Cub Lion
Booster**

Help a friend learn what to do in an emergency OR how to be safe if you become separated from the group when you are outdoors.





Ready Cub! 6 yrs

Earn your Tiger: Safe & Smart (Elective)

Complete requirements 1-7.

- 1 Memorize your address. Recite it to your Tiger adult partner or den leader.
- 2 Memorize an emergency contact's phone number. Recite it to your Tiger adult partner or den leader.
- 3 Show you can Stop, Drop and Roll.
- 4 With your Tiger adult partner or den leader, create a fire escape plan for your home or den meeting place. Include your outside meet-up spot. Practice the escape route you would take.
- 5 With your Tiger adult partner, find the location of the smoke detectors in your home or den meeting place. Confirm they are working properly.
- 6 With your Tiger adult partner or den leader, learn why matches and lighters are only for adults.
- 7 Visit an emergency responder station or have an emergency responder visit your den.

Ready Cub Tiger Booster

Help a friend learn two of these skills.



As a family, download the [FEMA App](#). The FEMA App allows you to receive real-time weather alerts, send notifications to loved ones, locate emergency shelters in your area, and more.

TIP!

A first-responder partnership would support requirement 7 of the Safe & Smart adventure and you could reciprocate your visit by parents bringing food/snacks/drinks to the first responders when visiting and/or offering a clean-up project of their choice (any community place).



Ready Cub! 7yrs

Earn your Wolf Adventure: Paws on the Path (Required)

Complete Requirements 1-5.

- 1 Identify the Cub Scout Six Essentials. Show what you do with each item.
- 2 Learn about the buddy system and how it works in the outdoors. Pick a buddy for your walk.
- 3 Identify appropriate clothes and shoes for your walk outside. Do your best to wear them on your walk..
- 4 Learn about the Outdoor Code and Leave No Trace Principle for Kids.
- 5 Take a walk outside for at least 30 minutes to explore nature in your surroundings. Describe 4 different animals, domestic or wild, that you could see on your walk.

Ready Cub Wolf Booster



As a family, download the [American Red Cross First Aid App](#), Explore 3 topics and complete the quizzes. Share your badges with your den leader.

Or, learn what goes into a family first aid kit and make sure your family kit is stocked.



Ready Cub! 8 yrs

Earn your Bear Adventure: Bear Habitat (Required)

Complete
Requirement 1-9

- 1 Prepare for a 1-mile walk by gathering the Cub Scout Six Essentials and weather appropriate clothing and shoes.
- 2 "Know Before You Go" Identify the location of your walk on a map and confirm your 1-mile route.
- 3 "Choose the Right Path" Learn about the path and surrounding area you will be walking on.
- 4 "Trash your Trash" Develop a plan for what you will do with your personal trash or trash you find along the trail.
- 5 "Leave What You Find" Take pictures along your walk or bring a sketch book to draw 5 things that you want to remember on your walk.
- 6 "Be Careful with Fire" Determine the fire danger rating along your path.
- 7 "Respect Wildlife" From a safe distance, identify as you look up, down, and around you, 6 signs of any mammals, birds, insects, reptiles.
- 8 "Be Kind to Other Visitors" Identify what you need to do as a den to be kind to others on the path..
- 9 Go on your 1-mile walk while practicing your Leave No Trace Principles for Kids..

Ready Cub Bear Booster



<https://www.ready.gov/kids/student-tools-emergency-planning-step>

As a Den, introduce "STEP" Student Tools for Emergency Planning using the Activity Book.



Ready Cub! 9 yrs

Complete Webelos Adventure: My Safety (Required)

Complete 1-4.

- 1 With permission from your parent or legal guardian, watch the Protect Yourself Rules video for the Webelos rank.
- 2 Identify items in your house that are hazardous and make sure they are stored properly. Identify on the package where it describes what to do if someone is accidentally exposed to them.
- 3 Identify ways you and your family keep your home or your meeting space safe.
- 4 Complete the Be Prepared for Natural Events worksheet. Complete a worksheet for at least two natural events most likely to happen near where you live..

Ready Cub Webelos Booster

STEP If not completed as a Bear Scout

As a Den, introduce "**STEP**" *Student Tools for Emergency Planning* using the Activity Book

Then complete family activities and home, report back what you did to your Den (ex. show your maps or kit, take picture of your plan, and share a story about how you did the activity).

Complete STEP Supplemental Lessons

Complete Hazard Lesson: Severe Weather



Complete 1 additional STEP Supplemental Hazard Lesson chosen by your Den

All of the STEP Resources are here for you to download or order:

<https://www.ready.gov/kids/student-tools-emergency-planning-step>

TIP!

A first-responder partnership would support requirement 2-4 above and you could reciprocate your visit by parents bringing food/snacks/drinks to the first responders when visiting and/or offering a clean-up project of their choice (any community place).



Ready Cub! 10 yrs

Complete AOL Adventure: First Aid (Required)

Complete 1-7.

- 1 With permission from your parent or legal guardian, watch the Protect Yourself Rules video for the Arrow of Light rank.
- 2 Explain what you should do if you encounter someone in need of first aid.
- 3 Demonstrate what to do for hurry cases of first aid: serious bleeding, heart attack or sudden cardiac arrest, stopped breathing, stroke, poisoning.
- 4 Demonstrate how to help a choking victim.
- 5 Demonstrate how to treat shock.
- 6 Demonstrate how to treat the following: cuts and scratches, burns and scalds, bites and stings of insects and animals, and nosebleed.
- 7 Make a personal first aid kit. Demonstrate the proper use of each item. [20]

Ready Cub AOL Booster

STEP *If not completed as a Webelos Scout*

As a Den, introduce "STEP" *Student Tools for Emergency Planning* using the Activity Book

Then complete family activities and home, report back what you did to your Den (ex. show your maps or kit, take picture of your plan, and share a story about how you did the activity).

Complete STEP Supplemental Lessons

Complete Hazard Lesson: Severe Weather



Complete 1 additional STEP Supplemental Hazard Lesson chosen by your Den

All of the STEP Resources are here for you to download or order:

<https://www.ready.gov/kids/student-tools-emergency-planning-step>

TIP!

A first-responder partnership would support many of the First Responder requirements and you could reciprocate your visit by parents bringing food/snacks/drinks to the first responders when visiting and/or offering a clean-up project of their choice (any community place).



Ready Cub! – Earning The Patch

After individuals, dens, pack, and or adults complete the requirements below, [request your Ready Cub! Patch here](#). The patch represents your commitment to the Ready Cub! Vision!

Individual Youth- Den Recognition

Each den can earn the Ready Cub patch by completing the requirements specified for each den in this guide, including the Booster section specified.

Adult Recognition

- 1 Have an emergency plan and first aid kit at every meeting
 - 2 Create or have a scout create a safety message to be shared at each meeting
 - 3 51% of scouts complete their Ready Cub Activities & Boosters at your den/ pack level
- OR
- Achieve one of the following:
- a. Build or manage a first responder/school partnership for at least one year with a succession plan in place
 - b. [Request and complete the Spirit of Adventure Basic Community Emergency Response Team \(CERT\) Hybrid Training](#)

Pack Recognition - Certificate of Pack Ready Cubs! Achievement for unit (presented to Pack & Charter Partner)

- 1 33% of Dens complete Ready Cub!
- 2 Invite a speaker from a local fire, police, veteran organization to lead the opening ceremony with scouts. And provide a short inspirational message.

- 3 Practice an emergency procedure/ drill while at a Pack event. For many units, September is the first Pack meeting of the new scout year, which also happens to be National Preparedness Month.
- 4 Start each pack meeting with a safety briefing for 1 year.
- 5 [Assign an adult to track Den and Pack Progress and submit a report of activities to the Council by August 1 every year.](#)



Ready Cub! – Strengthen Your Community

Scouting relies on community partnerships to provide opportunities for our youth to learn and grow. Community partners are sought to provide leadership, materials, and programming to encourage youth participation. Our partnership with Federal Emergency Management Agency & the Massachusetts Emergency Management Agency (FEMA/MEMA) creates an umbrella environment to set the stage for deeper and local first responders and schools partnership by our local scout units. Read more below how your Pack can reach out to first responders and schools to create a better and stronger community together.

First Responders & Cub Scouting. . .

Community first responders are sought to provide leadership, subject expertise, and inspiration to encourage youth participation and interest in emergency preparedness on a local level. Every rank in Cub Scouting (5-10 years) has a requirement to talk to or visit their local fire, police or EMS station and virtually all kids love that element of their adventure! First responders have for years readily welcomed visits by our Cub Scouts and by actively planning for regular yearly visits on a community level of Cub Scout units (i.e. Packs) together we could more consistently and holistically make our brave community first responders available to more youth, both Cub Scouts and non-scouts. We invite any first responder to study our Ready Cub! material to learn about our deep commitment to emergency preparedness and respect for our first responders' great service to our community.

Building Partnership with First responders in Your Community

Until the change of the cub scout program in 2024 every rank in cub scouting had a requirement to talk to or visit their local fire, police or EMS station and virtually all kids loved that element of their adventure. Reciprocating your visit by offering them a clean-up project of their choice (any community place) accomplish another requirement in every rank by completing a service project.

- 1 Invite to talks with the Chief of local community fire-, police- and EMS departments.
- 2 Present and give them the Ready Cub! material. This material will present how cub scouts are trained in emergency preparedness from the age of 5 to 10.

- 3 Ask if you can set up for a month every year where cub scouts can come and visit each of the three branches of first responders. This can start with a single Pack starting this adventure and then inviting other Packs in the community or you do it all together. Important is to get it going and adopt it as more units join.

Example

- Lion & Tiger – Visit the fire station in September
- Wolf & Bear – Visit the police station in October
- AOL – Visit the EMS first responders in November

Please note that October 28 is National First Responders Day which recognizes the heroic men and women who make it their business to take immediate action when disaster strikes.

- 4 Ask for how many people can join any event. Let the Scouts in the involved units have the first chance to sign up for participation.
- 5 After a certain time window please open up the remaining slots for any non-scout youth of cub scout age to join this event/bring a friend. This is a great recruitment opportunity for your Pack! Work with school superintendents/principals if they can send out a link for signing up to these visits.
- 6 Start every first responder visit with an adult or youth leader thanking and introducing the first responders on behalf of the units involved and make sure to welcome any non-scouts in the audience; and ask them to come and see you if they like to know more about Cub Scouting in town.
- 7 Ask the Chief if the Pack(s) could reciprocate their kind invite by asking parents to bring food/snacks/drinks that the first responders like. Make sure that you use a tool like SignUpGenius to get the best mix of things. Other ways to contribute back is to a clean-up project of their choice (any community place), have the cubs write Thank You cards etc. All dens have community service to achieve every year.
- 8 Please have a designated person in charge for the upkeep of the relationship (feedback, booking next year visit etc.)

Is There a First Responder Day in Your Community?

National First Responders Day on October 28 recognizes the heroic men and women who make it their business to take immediate action when disaster strikes. Congress designated October 28th as National First Responders Day in 2017. The resolution honors the firefighters, police officers, EMTs, and all those who are first on the scene in stressful situations.

- 1 If there is one ask to join based on the Ready Cub material and be ready to set up a presence on this day and showcase how Cub Scouts are trained in emergency preparedness. Your presence will show support to first responders and will also be a great recruitment opportunity.
- 2 If there is nothing of its kind in your community, don't be afraid to explore. Establishing a partnership with first responders might be the right triggering event for setting one up to show your support? Maybe such an event could join a local town fair already existing?
- 3 All units, Packs, Troops, and Crews, could join for this event highlighting what Scouting is doing in emergency preparedness.
 - Each unit talks about what they do for Emergency & Preparedness
 - HAM Radio
 - Sell First Aid Kit

Elementary Schools & Cub Scouting. . .

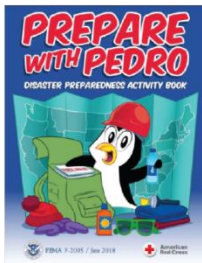
We would like to make our Ready Cub! program available to all of our youth whether they are Cub Scouts or not. We are therefore also inviting non-scout youth to access our program in elementary school presentations by our trained leaders presenting age-appropriate FEMA educational material on emergency preparedness, namely:

- [Prepare with Pedro](#) (Grade: K-2)
- [Student Tools for Emergency Planning \(STEP\)](#) (Grade: 3-5)

You can create and award the class taking either of the two programs a Ready Cub Certificate [here](#).



Prepare with Pedro (Grade: K-2)



[Prepare with Pedro](#) is a 30- to 45-minute preparedness education program for grades K-2 that teaches students how to BE PREPARED and TAKE ACTION for either home fires or a local hazard.

Pedro is a penguin who loves learning about how he can be prepared and take action during an emergency to help stay safe.

He visits friends all over the United States and learns about hazards local to their area like earthquakes, tornadoes, hurricanes, and many others!

Prepare with Pedro is a free youth preparedness program created by the American Red Cross, and partnered with FEMA. This resource is designed to teach young children and their families how to stay safe during disasters and emergencies through fun activities such as crosswords, coloring pages, matching games, and more!

[>>Download the Activity Book](#)

You can create and award the class taking the “Prepare with Pedro” program a Ready Cub Certificate [here](#).

Student Tools for Emergency Planning (STEP) (Grade: 3-5)



Inspire youth to prepare with FEMA’s Student Tools for Emergency Planning (STEP) Curriculum. The newly updated STEP is a modular emergency preparedness curriculum with fun activities that can be used in many different settings, inside and outside of school.

Geared for students in fourth grade and above, the program guides students on how to create emergency kits and family communication plans. At the same time, it teaches students about disasters, from severe weather to wildfires.

STEP includes three core lessons that can each be taught in as little as 30 minutes. Educators can also incorporate five supplemental lessons on specific disasters - severe weather, earthquake, fire, flood, and pandemic emergencies. A series of YouTube videos for kids, called Disaster Dodgers, helps introduce each concept, and an activity book offers 18 activities to reinforce ideas and jumpstart creativity.

[>>Download STEP Curriculum Materials](#)

You can create and award the class taking the “STEP” program a Ready Cub Certificate [here](#).

Timing & Flexibility for In-School Presentations

Teachers don’t need “extra” activities in an overcrowded curriculum. The FEMA curriculum is very flexible to be stand alone or to fit into many existing elementary curricula. For example, it can be connected to an upcoming disaster season: tropical storm/hurricane-, snow season, etc. It can also be integrated into science and social sciences to provide context as to why and what we know about earthquakes, hurricanes, precipitation, flooding etc.

For schools that seek to provide leadership in their community, accessing and sponsoring these programs during after-school program, clubs, or at the beginning or the end of the school year etc. can develop positive relationships between families, community partners, and schools.

How To Invite Your Pack to Your Son/Daughter's School

- 1 Make sure that you are a registered and fully trained (YPT and position specific training) cub scout leader
- 2 Download and prepare a presentation of either "Prepare with Pedro" or STEP. Please visit the Council website for additional information or available training to these (if any).
- 3 For cub scout leader to reach out to son/daughter's teacher/principal at elementary school
- 4 Introduce yourself and present the opportunity of you presenting either of the two programs, Prepare with Pedro or STEP, to the class/grade of your son/daughter. You can use any of the descriptive material above about each program to better describe what each is about and duration.
- 5 Please ask them when a visit by you on the topic would be most beneficial to them:
 - A. Linked to the season: tropical storm/hurricane-, snow season
 - B. After School program
 - C. Right before the end of school year
 - D. September is National Preparedness Month
 - E. National First Responders Day on October 28
- 6 Introduce yourself in uniform and tell the class which Pack you are from and that you are happy to answer any questions about cub scouting.
- 7 At completion of the class please hand out the Ready Cub Certificate for the program to all participants. Consider using the help of teachers to fill out the names of students on the Certificates.
- 8 If your Pack has any planned activities like a first responder visit, pack/den meeting etc please consider inviting the participants/class.

National Events & Cub Scouting

Down below are two highly relevant national events related to emergency preparedness and should present your Pack with great opportunities to be an active participant together with other parties in your town.

National Preparedness Month - September

September is National Preparedness Month, a time to raise awareness about the importance of preparing for disasters and emergencies that could happen at any time — with or without warning.

For many Packs, their first Pack meeting of the new Scout year is in September. It is an excellent opportunity to observe National Preparedness Month by practicing an emergency procedure/drill while at a Pack meeting. While doing this the Pack is earning one of the requirements for the Ready Cub! Patch.

National First Responders Day - October 28

National First Responders Day on October 28 recognizes the heroic men and women who make it their business to take immediate action when disaster strikes. Congress designated October 28th as National First Responders Day in 2017. The resolution honors the firefighters, police officers, EMTs, and all those who are first on the scene in stressful situations.

It is an excellent service project for Packs as a whole to see how they can honor their communities' first responders on National First Responders Day. Read more about this in the section Ready Cub! – Build Partnerships.

First Aid Kit Sales



The First Aid Kit sale is a risk-free unit fundraiser designed to help youth and units fund their yearly Scouting adventures (including summer camp).

- The kits are priced from \$16 - \$120.
- The participating unit will keep 40% commission of their in-person sales!

There is a kit available for everyone - homeowners, sports enthusiasts, pet owners, large families, and businesses! The kits make great Mother's Day, Father's Day, graduation, and any time of the year gifts. They are also great to have in sports bags, backpacks, cars, purses, etc. Kits are non-perishable and can be gifted or delivered to family and friends at a later time.

First Aid Kit Fundraiser Timeline

This fundraiser is run on a yearly basis typically between March through June.

How to Participate

If your unit is interested to participate, please reach out to:

Mark Maurice - mmaurice@carrier.com

Contacts. . .

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For more information, please visit:



<https://www.scoutspirit.org/fema/>